THE EFFECTS OF EMOTIONS ON HEALTH
Gregg Braden - Science of Emotions

Self Healing DNA Discoveries

The omnipotent healing power of visualizing Heaven on Earth, and most importantly, FLOWING WITH FEELINGS of this vision being real, is explained below:

Below are three astonishing experiments with DNA which prove that DNA can heal itself according to the "feelings" of the individual as reported recently by Gregg Braden.

In his recent program entitled Healing Hearts/Healing Nations: The Science of Peace and the Power of Prayer, Gregg Braden discussed how in the past we lost huge amounts of information from ancient spiritual traditions (when the library at Alexandria burned we lost at least 532,000 documents), and that there may be information in those traditions which could help us understand some of the mysteries of science. To this end he reported on three very interesting experiments. Gregg Braden started off as a scientist and engineer, before he began pursuing these larger questions.

EXPERIMENT #1

The first experiment he reported was done by Dr. Vladimir Poponin, a quantumbiologist. In this experiment, first a container was emptied (ie a vacuum was created within it), and then the only thing left in it were photons (particles of light).

They measured the distribution (ie the location) of the photons and found they were completely random inside the container. This was the expected result. Then some DNA was placed inside the container and the distribution (location) of the photons was remeasured. This time the photons were LINED UP in an ORDERED way and aligned with the DNA. In other words the physical DNA had an effect on the non-physical photons.

After that, the DNA was removed from the container, and the distribution of the photons was remeasured again. The photons REMAINED ORDERED and lined up where the DNA had been. What are the light particles connected to?

Gregg Braden says we are forced to accept the possibility that some NEW field of energy, a web of energy, is there and the DNA is communicating with the photons through this energy.
**EXPERIMENT #2**

These were experiments done by the military. Leukocytes (white blood cells) were collected for DNA from donors and placed into chambers so they could be measure electrical changes. In this experiment, the donor was placed in one room and subjected to "emotional stimulation" consisting of video clips, which generated different emotions in the donor. The DNA was placed in a different room in the same building. Both the donor and his DNA were monitored and as the donor exhibited emotional peaks or valleys (measured by electrical responses), the DNA exhibited the IDENTICAL RESPONSES AT THE EXACT SAME TIME. There was no lag time, no transmission time. The DNA peaks and valleys EXACTLY MATCHED the peaks and valleys of the donor in time.

The military wanted to see how far away they could separate the donor from his DNA and still get this effect. They stopped testing after they separated the DNA and the donor by 50 miles and STILL had the SAME result. No lag time; no transmission time.

The DNA and the donor had the same identical responses in time. What can this mean?

Gregg Braden says it means that living cells communicate through a previously unrecognized form of energy. This energy is not affected by time and distance. This is a non-local form of energy, an energy that already exists everywhere, all the time.

**EXPERIMENT #3**

The third experiment was done by the Institute of Heart Math and the paper that was written about this was titled: Local and Non-local Effects of Coherent Heart Frequencies on Conformational Changes of DNA. (Disregard the title! The info is incredible.)

This is the experiment that relates directly to the anthrax situation. In this experiment, some human placenta DNA (the most pristine form of DNA) was placed in a container from which they could measure changes in the DNA. Twenty-eight vials of DNA were given (one each) to 28 trained researchers. Each researcher had been trained how to generate and FEEL feelings, and they each had strong emotions.

What was discovered was that the DNA CHANGED ITS SHAPE according to the feelings of the researchers: 1. When the researchers FELT gratitude, love and appreciation, the DNA responded by RELAXING and the strands unwound. The length of the DNA became longer. 2. When the researchers FELT anger, fear, frustration, or stress, the DNA responded by TIGHTENING UP. It became shorter and SWITCHED OFF many of our DNA codes! If you've ever felt "shut down" by negative emotions, now you know why your body was equally shut down too. The shut down of the DNA codes was
reversed and the codes were switched back on again when feelings of love, joy, gratitude and appreciation were felt by the researchers.

This experiment was later followed up by testing HIV positive patients. They discovered that feelings of love, gratitude and appreciation created 300,000 TIMES the RESISTANCE they had without those feelings. So here's the answer to what can help you stay well, no matter what dreadful virus or bacteria may be floating around. Stay in feelings of joy, love, gratitude and appreciation!

These emotional changes went beyond the effects of electro-magnetics. Individuals trained in deep love were able to change the shape of their DNA. Gregg Braden says this illustrates a new recognized form of energy that connects all of creation.

This energy appears to be a TIGHTLY WOVEN WEB that connects all matter. Essentially we're able to influence this web of creation through our VIBRATION.

**SUMMARY:**

What do the results of these experiments have to do with our present situation? This is the science behind how we can choose a timeline to stay safe, no matter what else is happening. As Gregg explains in The Isaiah Effect, basically time is not just linear (past, present and future), but it also has depth. The depth of time consists of all the possible prayers and timelines that could ever be prayed or exist. Essentially, all our prayers have already been answered. We just activate the one we're living through our FEELINGS. THIS is how we create our reality - by choosing it with our feelings. Our feelings are activating the timeline via the web of creation, which connects all of the energy and matter of the Universe.

Remember that the law of the Universe is that we attract what we focus on. If you are focused on fearing whatever may come, you are sending a strong message to the Universe to send you whatever you fear. Instead if you can get yourself into feelings of joy, love, appreciation or gratitude, and focus on bringing more of that into your life, you are going to avoid the negative stuff automatically.

You will be choosing a different TIMELINE with your feelings.

You can prevent getting anthrax or any other flu, virus, etc, by staying in these positive feelings, which maintains an incredibly strong immune system.

So here's your protection for whatever comes: Find something to be happy about every day, and every hour if possible,
moment-to-moment, even if only for a few minutes. This is the easiest and best protection you can have. If nothing else, be joyous that the criminals have "already been caught" by the Universe!